



Zee.  
@DilrubaNaraazi

...

Are the 'Insulin Banks' in KP hospitals still functional or like other government run programs it has also been silently discontinued? Also, if it is still running why isn't there any proper information on @HealthKPGovt website?  
@Jhagra

08:49 · 29/11/2021 · Twitter Web App

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Proposed Medical Equipment Distribution						
Under Extension of D-TALK & Insulin for Life Program						
Health Department, Khyber Pakhtunkhwa, Peshawar						
S.No	Centers Name	Type-I Patients	In Terms (%)	Glucometers	Strips	Lancets
1	HMC Peshawar	1070	15.17%	90	15,000	9,500
2	LRH Peshawar	1048	14.86%	50	8,400	6,000
3	KTH Peshawar	1380	19.57%	95	16,000	9,500
4	Charsadda	97	1.38%	25	4,000	2,500
5	Nowshera	27	0.38%	10	1,500	1,000
6	Mardan	104	1.47%	15	2,250	1,500
7	Swabi	163	2.31%	10	1,500	1,000
8	Mansehra	367	5.20%	10	2,000	1,000
9	Abbotabad	141	2.00%	25	4,000	2,500
10	Haripur	715	10.14%	10	1,650	1,000
11	Swat	416	5.90%	50	7,500	5,000
12	Chitral	241	3.42%	15	2,750	1,500
13	Dir Upper (Cat-C Hospital)	5	0.07%	15	2,750	1,500
14	Shangla	2	0.03%	15	2,750	1,500
15	Timergara	78	1.11%	10	1,500	1,000
16	Kohat	174	2.47%	20	3,500	2,000
17	Bannu	187	2.65%	30	5,000	3,000
18	Karak	543	7.70%	20	3,500	2,000
19	Lakki Marwat	27	0.38%	10	1,750	1,000
20	D.I Khan	268	3.80%	80	14,750	8,200
21	Ghallanai			10	2,250	1,000
22	Malakand			15	2,250	1,500
23	Bunir			10	1,500	1,000
24	Naseer Ullah Babar Hospital, Peshawar			10	1,500	1,000
Grand Total		7053		650	109,550	66,700
Balance in Stock				0	0	0
Total Purchased				650	109,550	66,700



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21/8/2021

Project Director				
Extension of D-TALK & Insulin for Life Program				
Health Department, Khyber Pakhtunkhwa, Peshawar				
Proposed Supply				
S.No	Hospital/Center Name	Insulin 70/30	Insulin Regular	Insulatard
1	HMC Peshawar	15,000	1,000	1000
2	KTH Peshawar	10,000	500	
3	LRH Peshawar	10,000	500	
4	NSKB Peshawar	2,500	100	
5	DHQ Charsadda	2,500	100	
6	DHQ Nowshera	2,000	100	
7	MMC Mardan	7,000	100	
8	BKMC Swabi	4,000	100	
9	DHQ Dir Lower/Timergarah	4,000	100	
10	DHQ Dir Upper	2,000	100	
11	DHQ Chitral	2,500	100	
12	DHQ Malakand at Batkhela	4,000	100	
13	DHQ Ghallanai	2,700	100	
14	DHQ Bunir	2,700	100	
15	DHQ Kohat	4,000	100	
16	DHQ Bannu	8,000	100	
17	DHQ Karak	6,000	100	
18	DHQ Lakkimarwat	3,000	100	
19	DHQ/MMTI D.I Khan	10,000	100	
20	ATH Abbotabad	3,000	100	
21	DHQ Haripur	3,000	100	
22	DHQ Mansehra	3,000	100	
23	SGTH Swat	8,000	100	
24	DHQ Shangla	3,500	100	
Total Proposed Supply		122,400	4,100	1,000
MCC Rate for 2021-22		400	400	400
Total Cost		48,960,000	1,640,000	400,000
Grand Total		51.00		





18,310,000.00  
18,309,999.87  
0.13

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S.No	MCC Rate	Cover Name	Covam (5/80)	Rovista (10 mg)	Diampa (10 mg)	Euglocan (05 mg)	Getformin (02/500)	Diabin (500 mg)	Treviamet (50/500)	Treviamet (50/1000)
	4.21		3.80	12.07	1.29	3.37	1.04	8.50	10.79	
1	H.M.C Peshawar	40,000.00	30,000.00	30,000.00	41,903.00	40,000.00	70,000.00	150,000.00	85,000.00	
2	K.T.H Peshawar	25,000.00	5,000.00	12,000.00	30,000.00	25,000.00	50,000.00	40,000.00	70,000.00	
3	L.R.H Peshawar	30,000.00	25,000.00	20,000.00	30,000.00	25,000.00	50,000.00	80,000.00	40,000.00	
4	D.H.Q Charsadda	10,000.00	10,000.00	5,000.00	5,000.00	10,000.00	5,000.00	30,000.00	15,000.00	
5	D.H.Q Nowshera	8,000.00	10,000.00	5,000.00	10,000.00	8,000.00	10,000.00	20,000.00	15,000.00	
6	BKMC Swabi	5,000.00	10,000.00	5,000.00	5,000.00	5,000.00	5,000.00	40,000.00	15,000.00	
7	MMC Mardan	15,000.00	15,000.00	15,000.00	30,000.00	25,000.00	10,000.00	40,000.00	20,000.00	
8	A.T.H Abbotabad	5,000.00	5,000.00	3,000.00	5,000.00	5,000.00	5,000.00	10,000.00	15,000.00	
9	D.H.Q Mansehra	5,000.00	10,000.00	4,000.00	5,000.00	5,000.00	5,000.00	15,000.00	15,000.00	
10	D.H.Q Haripur	5,000.00	10,000.00	5,000.00	10,000.00	5,000.00	10,000.00	15,000.00	15,000.00	
11	D.H.Q Shangla	5,000.00	10,000.00	5,000.00	5,000.00	8,000.00	10,000.00	20,000.00	15,000.00	
12	SGTH Swat	15,000.00	15,000.00	10,000.00	10,000.00	15,000.00	15,000.00	45,000.00	22,500.00	
13	D.H.Q Timergara	8,000.00	10,000.00	5,000.00	5,000.00	8,000.00	10,000.00	30,000.00	5,000.00	
14	D.H.Q Upper Dir	5,000.00	10,000.00	5,000.00	5,000.00	5,000.00	5,000.00	20,000.00	15,000.00	
15	D.H.Q Kohat	6,000.00	6,000.00	5,000.00	10,000.00	10,000.00	10,000.00	30,000.00	15,000.00	
16	D.H.Q Karak	10,000.00	15,000.00	5,000.00	20,000.00	8,000.00	30,000.00	35,000.00	20,000.00	
17	D.H.Q Bannu	10,000.00	10,000.00	10,000.00	10,000.00	15,000.00	10,000.00	35,000.00	10,000.00	
18	D.H.Q Lalki Marwat	8,000.00	5,000.00	5,000.00	5,000.00	10,000.00	5,000.00	25,300.00	5,000.00	
19	D.H.Q D.I Khan	35,000.00	35,000.00	25,000.00	30,000.00	30,000.00	20,000.00	70,000.00	30,000.00	
20	D.H.Q Chitral	8,000.00	8,000.00	8,000.00	10,000.00	5,000.00	10,000.00	30,000.00	5,000.00	
21	DHQB Malakand	5,000.00	8,000.00	3,000.00	4,000.00	5,000.00	5,000.00	15,000.00	5,000.00	
22	NSKB Peshawar	5,000.00	8,000.00	2,000.00	4,000.00	5,000.00	5,000.00	15,000.00	5,000.00	
23	DHQB Bunir	5,000.00	8,000.00	3,000.00	4,000.00	5,000.00	5,000.00	15,000.00	5,000.00	
24	DHQB Ghallanai	5,000.00	8,000.00	3,000.00	4,000.00	5,000.00	5,000.00	15,000.00	5,000.00	
Grand Total		278,000.00	286,000.00	198,000.00	297,903.00	287,000.00	365,000.00	810,300.00	467,500.00	
MCC Rate for 2021-22		4.21	3.80	12.07	1.29	3.37	1.04	8.50	10.79	
Total Cost		1,170,380.00	1,086,800.00	2,389,860.00	384,294.87	967,190.00	379,600.00	6,887,550.00	5,044,325.00	

## **PROJECT HISTORY:**

"Extension of D-TALK & Insulin for Life Program" is the merger of two separate projects namely "Insulin for Life Program" funded by Chief Minister Special Initiative and "D-TALK (Diabetes Treatment and Life Knowledge)" funded by the DDCF (District Delivery Challenge Fund)

The merger came into existence after receiving the following findings from "D-TALK & Insulin for Life Program" that the:

Prevalence of the diabetes was 7% (Seven Percent) 15 years back but now after the pilot Study of D-TALK, prevalence of diabetes is 16.98 % which is one third higher to that of previous years.

Now it is highly required to improve awareness in community regarding the Diabetes Treatment and Management that will eventually decrease the NCD burden as well.

Meanwhile if it is still not dealt on priority and focused base it can ultimately affect people in the productive years of their lives. Pakistan is a developing country with the triple burden of disease. In such condition along with CDs, NCDs and injuries other Financial and clinical issues will be exaggerated.

The "Insulin for Life Program" has registered almost 11,149 patients with providing free insulin throughout the project tenure. While "Extension of D-TALK and insulin for life project" has now registered to date more than 45000 needy patients from the province.

It must be emphasized that this is the **only project of its kind in the whole country** running successfully.

## **PROJECT OBJECTIVES:**

The aims and objectives of the project is directly related with overall objectives of health sector i.e; to improve the health status of the people of Khyber Pakhtunkhwa and provision of quality assured health services/treatment specifically regarding free treatment of certain critical and chronic diseases specially Diabetes to unprivileged people of Khyber Pakhtunkhwa.





**OBJECTIVES OF THE PROJECT INCLUDES BUT NOT LIMITED TO:**

1. Screening pre-diabetic and potential complication to reduce the chance of complications such as amputations, blindness, kidney failure, heart disease, strokes and to reduce burden on Tertiary Care Hospitals.
2. Create awareness and social mobilization through Electronic, Print & Social Media (cable and radio adverts) and posters, bill boards and IEC materials in each district on diabetes and its complications and behavior change.
3. Prevention, screening and treatment of diabetes in entire Khyber Pakhtunkhwa province in a phased manner.
4. To use/develop guidelines and behavior change intervention model and materials for the patients to standardize management of type-2 diabetes in Secondary Health Care facilities in entire province of KP by building capacity of already appointed health care staff.
5. Develop ownership by involving district policy makers and health care managers in planning and resource prioritization for intervention in respective districts.
6. Strengthen secondary health facilities by building the capacity of physicians on quality case management of type-2 diabetes and paramedics on recording and reporting, compliance to treatment, educating patients on healthy diet, reducing obesity, controlling hypertension and maintaining physical activity and by providing essential equipment, supplies and medicines to fill in the gap.
7. Diagnosing and registering about diabetic patients during project implementation at public sector health facilities.

The Project will be executed through Project Director and his team. Project Director will exercise full powers for administrative, technical, financial and tendering.



**LIST OF HOSPITALS WHERE FREE OF COST DIABETES ORAL DRUGS/MEDICINES AND INSULIN AVAILABLE:**

Following hospitals are currently providing "Free of Cost Diabetes Medicines, Insulin, Glucometers, Blood Lancets & Strips" under "Extension of D-TALK & Insulin for Life":

S.No	Hospital/Center Name
1	HMC Peshawar
2	KTH Peshawar
3	LRH Peshawar
4	Naseerullah Khan Babar Memorial Hospital Peshawar
5	DHQ Charsadda
6	DHQ Nowshera
7	MMC Mardan
8	BKMC Swabi
9	DHQ Dir Lower/Timergarah
10	DHQ Dir Upper
11	DHQ Chitral
12	DHQ Malakand at Batkhela
13	DHQ Ghallanai
14	DHQ Bunir
15	DHQ Kohat
16	DHQ Bannu
17	DHQ Karak
18	DHQ Lakkimarwat
19	DHQ/MMTI D.I Khan
20	ATH Abbotabad
21	DHQ Haripur
22	DHQ Mansehra
23	SGTH Swat
24	DHQ Shangla



**SoPs for Patient Registration to Avail Free of Cost Oral Drugs/Medicines, Insulin, Glucometers, Blood Lancets & Strips:**

**1. Standing Operating Procedures for Registration of Patients:**

➤ **Type-I Patients:**

- i. Patient/Guardian CNIC
- ii. Doctor Prescription duly signed by the Nominated Medical Specialist.

➤ **Type-II & Gestational Diabetes:**

- i. Patient/Guardian CNIC
- ii. Doctor Prescription duly signed by the Nominated Medical Specialist.
- iii. Zakat Form (Complete in all respect)/Self Declaration form as zakat deserving patient for Oral Drugs/Medicines.

**2. Standing Operating Procedures for Availing Glucometers, Blood Lancets & Strips:**

The "Glucometers along with strips and lancets" may please be disbursed subject to the following formalities.

- i. It'll be given to "Type-I Patients Only".
- ii. The disbursement will be made on the recommendations of the focal person/specialist only.
- iii. Each glucometer will be given along with 03 pkts of strips (contained 50 strips per pkt) & 01 pkt of lancets (contained 100 lancets per pkt).
- iv. CNIC, contact information and zakat declaration form of the patients, received for the above mentioned package may please be intimated to Project Head Office.

The above package will be given once to a patient and the patient may be advised to proceeds with 03 to 06 glucometer test in a "**WEEK**" as per local and international recommendations & practices.





**BAYANE HALFI:**

**Extension of D-Talk & Insulin for Life Program  
Govt. of KPK**

(مذمت نامہ)

میں کسی / مامہ ..... شہادت کارڈ پر

حالیہ اقرار کرتا / کرتی ہوں کہ میں مندرجہ ذیل کا

ضلع ..... کا / کی رہائشی ہوں اور یہاں میں مستحق ذکوہ ہوں۔

دستخط یا نشان انگوٹھا

انچارج (D-Talk) فارمیسی

دستخط انچارج ڈاکٹر



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